

Referat:

Title:

When clients couldn't care less

Abstract:

The first session in therapy with traffic offenders can be quite difficult: the clients do not recognize that their behaviour is problematic and they want just their driving licence back. How can we therapists in the first session encourage them to become more mindful of their attitudes and behaviour and more conscious of the multiple benefits of a therapeutic work? In this conference we will see how helpful it can be to implement elements of psychodrama at the beginning of a psychotherapy with traffic offenders.

Agreement to release of abstract: agreed

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