

Working with reluctant clients

Abstract:

Successful psychotherapy is often assumed to depend on a client's willingness to participate and his or her motivation to change. But in psychotherapy with traffic offenders we are mostly confronted with reluctant clients. In this workshop we will experience how elements of psychodrama can be used to get unmotivated clients to actively participate in therapy and reflect on their attitudes, situation and behaviour. The workshop will focus on different forms of psychodramatic roleplay and constellation work. Participants can contribute by presenting a problematic situation experienced in therapy with driving offenders.

Agreement to release of abstract: agreed

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