

## **Psychoeducational taking on of drivers who have committed road traffic offenses**

On the mandate of the cantonal authority, our center of competence deals with psychoeducational consultations and programs aimed at getting back the driving license, addressed to drivers who have committed serious violations of the traffic laws.

Charges are made over a period of several months and are constructed specifically according to the type of infringement committed. Therefore, in addition to exclusive individual psychoeducation programs, there are paths that aim at abstinence, at least for time, from alcoholic beverages or drugs.

Taking advantage of the collaboration of highly qualified psychology personnel, users are led to reflect on their own behaviors with respect to alcohol and drugs as well as on the relationship they have with the traffic laws and the concept of safe driving.

By combining an analysis of the infringements committed with a reflection on one's own experiences, the interaction with the user focuses on the development of strategies to avoid recidivism. In this intervention I will discuss the multiple topics linked to taking charge on the border between normative, educational, psychological and clinical aspects.

A highly formalized and standardized model is presented, whose purpose is to highlight the great challenge of a personal customization taking into account the uniqueness of each individual case and of each individual person.

In fact, the withdrawal of the driving license does not only mean having committed an infringement with potentially dangerous consequences for oneself or for others, but often it is also equivalent to a loss of freedom and a questioning of oneself, one's values and own habits.

Therefore, reconquest of the license cannot and must not be limited to a mere quantitative exercise but must also include a qualitative path requiring delicacy and accompaniment. Only by internalizing the importance of the rules and their respect will it be possible to establish a substantial behavioral shift in the user, leading to a reduction of risk behavior on the road.

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